

Raspberry & Almond Butter Smoothie

Breakfast

Serves: 2



Shopping & Ingredients List:

1 medium **Banana**
200g **Raspberries**
400ml **Unsweetened Almond Milk**
40g **Almond Butter**
4 tsp **Stevia**
2 tsp **Vanilla Extract**

Method

1. Blend all the ingredients together along with a handful of ice cubes & serve immediately.

Macro info per serving

Protein

6.7g

Carbs

28.4g

Fat

14.1g

Energy

199Kcal